

## Sewing Pattern — Blouse 4000

Recommendations on fabric: blouse fabric of natural or mixed fibers.

You will also need: fusing; 6 buttons in contrasting color; contrast yarns for decoration; atlas bias tape in contrasting color; atlas tape in contrasting color of 1 cm and 3.0 cm wide.

If the pattern has double contour the seam allowances are included.

Seam allowances are NOT included by default and need to be added when laying out and cutting details if your pattern has single contour.

Seam allowance: on hem of the garment – 2 cm, all other seams – 1cm

**Attention!** First of all please print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm) to see how much fabric you will need. Don't forget to count pair parts and symmetrical parts.

When sewing the garment, pay attention to notches, they must coincide.



### **CUTTING:**

Fabric:

1. Back part - 2 details
2. Front part - 2 details
3. Back part inset - 1 detail
4. Front part inset - 2 details
5. Panel – 2 details
6. Sleeve – 2 details
7. Cuff – 2 details
8. Collar – 2 details
9. Stand-up part of collar – 2 details

Fusing:

1. Collar – 1 detail
2. Stand-up part of collar – 1 detail
3. Panel – 2 details
4. Cuff – 2 details

### **INSTRUCTIONS:**

Please note: all decorating stitches, apart from lower edge topstitching, are made with yarns in contrasting color.

1. Apply fusing to panels, cuff, top collar and inner stand-up part of collar.
2. Press bias tape in half lengthwise wrong sides together, put according to markers onto inner stand-up part of collar and topstitch.
3. Fold top collar with lower collar right sides together. Overstitch ends and outer edge of collar. Cut seams. Turn collar out, straighten and press. Fold stand-up part of collar details right sides together, insert ready collar between them, level notches and sew, overstitching the ends of stand-up collar at the same time. Start and finish the stitch exactly near marked line of stand-up collar connecting seam. Turn ready collar out and press.
4. Mark and sew bust, waist and shoulder darts on front part and on back part. Press bust darts upwards, waist darts and shoulder darts towards center of details.
5. Sew middle edge of back part. Serge seam allowances and press to left side edge.
6. Press top and lower seam allowances of back part front parts insets onto wrong side. Put insets onto back part and front part and topstitch on 0.5 cm off the folds.
7. Lay the panel onto wrong side of front part right side downwards and overstitch middle edge. Turn panel onto right side, turn unsewn edge and topstitch onto front part on 0.5 cm off the fold. Put decorative stitch on 0.5 cm off the buttonstand edge.
8. Sew shoulder and side edges. Serge and press to back part.
9. Sew upper stand-up part of collar with the collar into the neckline, turn open edge of lower stand-up part of collar and topstitch into stand-up part of collar connecting seam. Put decorative stitch on edge of collar and stand-up part of collar.
10. Fold cuffs in half and overstitch short sides. Turn cuffs out and press. Put decorative stitch along lower edge and short sides of cuff. Put cuff onto right side of sleeve and stitch, press seam allowances upwards and serge. Please note that cuff is 1 cm to sleeve edge from each side. Topstitch atlas tape onto sleeve, putting it close to cuff connecting seam.
11. Sew and serge edges of sleeves. Make barred end near cuff. Sew sleeve into armhole, press, serge.
12. Press hem of the garment onto wrong side on 1 cm, then again on 1 cm and topstitch.
13. Make buttonholes on right front part. Sew buttons.
14. Serge buttonholes through on insets according to markers. Insert atlas tape into holes.

### **TECHNICAL DRAWING:**

