

Dress With Waist Inset - Sewing Pattern #2326

Recommendations on fabric: natural/mixed fabric suitable for dresses.

You will also need: fusible interfacing, dress zipper, 3 buttons.

Seam allowances: seam allowance for hem of garment and hem of sleeve — 2.0 cm, other seams 1 cm.

Note on seam allowances:

- If the pattern has double contour the seam allowances are included. They are 1 cm unless specified otherwise.
- If the pattern has single contour, the seam allowances are NOT included and need to be added when laying out the pattern.

Note on length of fabric:

Attention! The amount of fabric needed for your pattern is not included. It will depend on the selected pattern size, the width, and design of the fabric you plan to use. First, print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm). Measure how much fabric you will need. Don't forget to account for pieces that need to be cut multiple times and pieces that are cut on the fold.



CUTTING:

Note on cutting:

On the pattern pieces, "beam" means straight of grain. Lay out your pieces accordingly. Some pieces will be cut on the fold. This is noted on the pattern piece. Mark all notches and other design features such as pleats etc. from the pattern onto your fabric.

When sewing the garment, pay attention to notches, they must match up.

Main fabric:

1. Upper back – cut 1 on fold
2. Back belt — cut 1
3. Lower back — cut 1 on fold
4. Upper front — cut 2
5. Front belt — cut 1
6. Lower front — cut 1 on fold
7. Sleeve — cut 2

8. Placket — cut 4
9. Stand collar — cut 2

Fusible interfacing:

1. Placket — cut 2
2. Stand collar — cut 1

INSTRUCTIONS:

1. Apply fusible interfacing.
2. Sew darts on upper back, press bulk towards center. Sew back belt to upper part, press seam allowances towards belt and serge.
3. Make and baste pleats on lower back (fold bulk towards center). Sew upper back to lower back, press towards top and serge.
4. Pin plackets together by two and sew outer edge. Turn pieces right side out straighten and press. Make buttonholes on right placket. Sew plackets to upper front, press towards front and serge. Sew a gathering stitch along the lower edge of upper front and gather fullness. Put right front onto left front and baste together along lower edge. Sew front belt to upper piece, press seam allowances towards belt and serge.
5. Make and baste pleats on lower front (fold bulk towards center). Sew upper front to lower front, press towards top and serge.
6. Sew shoulder seams, press seams towards back and serge.
7. Pin together parts of stand collar, right sides together and sew along outer edge. Start and stop sewing exactly at the marked line of seam between stand collar and garment. Clip seam allowances, stand collar turn right side out, straighten and press.
8. Sew outer stand collar into the neckline of garment, fold inside open edge of internal stand collar and stitch in the ditch.
9. Left side edges serge separately, sew from armhole to first notch and from second notch to bottom, press seam apart. Sew in zipper. Sew right side edge, press seams towards back and serge.
10. Sew sleeve seam, serge and press. Sew sleeve into armhole, matching notches, serge and press.
11. Serge hem of garment and lower edge of sleeve, press onto wrong side and topstitch.
12. Sew on buttons on left placket.

TECHNICAL DRAWING:

