

## Blouse With Pleats - Sewing Pattern #2153

Recommendations on fabric: natural/mixed fabrics suitable for blouses with elastane.

You will also need: 10 buttons.

Seam allowances: all seams 1 cm. Seam allowance along hem of garment - 2.0 cm; side and lower edges cuffs - 0 cm.

### Note on seam allowances:

- If the pattern has double contour the seam allowances are included. They are 1 cm unless specified otherwise.
- If the pattern has single contour, the seam allowances are NOT included and need to be added when laying out the pattern.

### Note on length of fabric:

Attention! The amount of fabric needed for your pattern is not included. It will depend on the selected pattern size, the width, and design of the fabric you plan to use. First, print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm). Measure how much fabric you will need. Don't forget to account for pieces that need to be cut multiple times and pieces that are cut on the fold.

### Note on working with stretchy fabric:

Knitted fabric pieces are sewn together with special elastic or narrow zig-zag stitch. Seam allowance on hems can be stitched with twin needles to save stretchiness. Pieces can also be sewn together with a serger. When serging, cut seam allowances to 0.6 - 0.8 cm.

## CUTTING:

### Note on cutting:

On the pattern pieces, "beam" means straight of grain. Lay out your pieces accordingly. Some pieces will be cut on the fold. This is noted on the pattern piece. Mark all notches and other design features such as pleats etc. from the pattern onto your fabric.

When sewing the garment, pay attention to notches, they must match up.

Main fabric:

1. Back - cut 2
2. Front - cut 1 on fold



3. Placket – cut 4
4. Sleeve inset – cut 4
5. Sleeve – cut 2
6. Cuff – cut 2

Fusible interfacing:

1. Placket – cut 2

## **INSTRUCTIONS:**

1. Apply fusible interfacing.
2. Sew darts on back. Press bulk towards center. Sew center back seam. Serge seam and press towards left.
3. Make and topstitch pleats on the Front, from the right side, from top up to the perpendicular marking. (The pleats are not of the same length!)
4. Cut a bias tape , its width should equal 2.5 cm for loop buttonholes. Fold tape in half lengthwise right sides together and stitch at 0.3 cm from fold. Cut away seam allowances close to seam, turn tape right side out and straighten rolled hem. Cut into parts. Adjust the length of buttonholes. Topstitch the button loops onto the right placket(the folds are directed away from the edge).
5. Sew side and shoulder seams, press seams towards back and serge.
6. Cut (or take ready) bias tape, its width should equal 4 cm and length should equal the length of neckline + 4 cm. Fold bias tape in half lengthwise right side out and press. Pin bias tape to neckline from the right side, leaving loose ends, and sew. Fold bias tape onto wrong side, clip into seam allowances and topstitch onto main piece along the seam. Press seam.
7. Sew the upper corner and the center edge of the right placket. Placket turn right side out and press. Sew the upper corner and the center edge on the left placket, turn right side out and press. Serge the raw edges of the placket. Sew plackets to right side of front along longer edge, stop at 1 cm from the bottom. Serge. Clip into seam allowance on front, leaving 1 mm to the stitch line. Thread the ends of the plackets inside, align them, so that their edges meet all along, line-on-line and sew, fastening the lower edge.
8. Finish the lower and side edges with thin rolled hem. Sew the sleeve inset into a ring, press seam apart. Sew the lower edge of insets, inserting the cuff. Fold the cuff towards bottom, fold the insets towards top. Sew sleeve seam, press seams towards back and serge. Sew a gathering stitch along a sleeve cap and gather fullness. Sew the outer inset to the lower edge of the sleeve. Fold under the seam allowance of the inner inset, press and stitch-in-the-ditch into the seam of the upper part. Sew sleeves into armholes matching notches and adjusting ease, serge and press.
9. Serge lower edge of garment, press onto wrong side and topstitch.

10. Sew on buttons on left front.

Tip: you may use a ready button loop tape instead of making the button loops yourself.

**TECHNICAL DRAWING:**

