

## Blouse With Center Pleat - Sewing Pattern #2140

Recommendations on fabric: soft natural/mixed fabrics suitable for blouses.

You will also need: fusible interfacing; 4 buttons.

Seam allowances: Seam allowance for hem of garment - 2 cm, other seams - 1 cm.

### Note on seam allowances:

- If the pattern has double contour the seam allowances are included. They are 1 cm unless specified otherwise.
- If the pattern has single contour, the seam allowances are NOT included and need to be added when laying out the pattern.

### Note on length of fabric:

*Attention! The amount of fabric needed for your pattern is not included. It will depend on the selected pattern size, the width, and design of the fabric you plan to use. First, print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm). Measure how much fabric you will need. Don't forget to account for pieces that need to be cut multiple times and pieces that are cut on the fold.*



## CUTTING:

### Note on cutting:

*On the pattern pieces, "beam" means straight of grain. Lay out your pieces accordingly. Some pieces will be cut on the fold. This is noted on the pattern piece. Mark all notches and other design features such as pleats etc. from the pattern onto your fabric.*

*When sewing the garment, pay attention to notches, they must match up.*

Main fabric:

1. Back - cut 1 on fold
2. Front right - cut 1
3. Front left - cut 1
4. Sleeve - cut 2
5. Cuff - cut 2
6. Stand collar — cut 2
7. Collar — cut 2

8. Facing right - cut 1
9. Facing left - cut 1
10. Back facing - cut 1

Fusible interfacing:

1. Stand collar - cut 1
2. Collar — cut 1
3. Cuff - cut 2
4. Facing right - cut 1
5. Facing left - cut 1
6. Back facing - cut 1

## **INSTRUCTIONS:**

1. Apply fusible interfacing.
2. Sew darts on front, press bulk towards top.
3. Sew shoulder seams, press seams towards back and serge.
4. Pin together collars right sides together sew collar ends and collar fall. Trim away corners, turn collar right side out, straighten, press. Pin together parts of stand collar, right sides together and sew along the outer edge, inserting collar. Trim seam allowances, stand collar turn right side out and press. Sew collar into neckline.
5. Sew shoulder seams of neck facings, press seam apart. Serge outer edge. Sew the slanted edge of the right facing to the right front, press seam apart. Pin facing onto neckline right sides together (the collar is placed between the main piece and the facing) and sew the neckline and corner of right front. Clip into curves, turn facing under. Straighten corner on right front.
6. Sew center front seam, serge and press. Make a pleat, and sew a fixing stitch horizontally at the base of the neckline.
7. Sew side seams, press seams towards back and serge.
8. Cut slit on sleeve along the marked line. Cut bias tape from main fabric (or take ready), its width should equal 4 cm and length should equal two lengths of slit +4 cm. Fold bias tape in half lengthwise and press. Press outer seam allowances towards center. Sew bias tape to slit of sleeve (pin bias tape to slit edge from the right side and sew, fold bias tape onto wrong side and topstitch onto garment along fold line).
9. Sew sleeve seam, serge and press. Sew sleeves into armholes, serge and press.
10. Fold cuff in half lengthwise, right sides together and sew short sides. Start stitching exactly at the line which marks the seam between cuff and sleeve. Turn cuff right side out and press. Sew outer side of cuff to

lower edge of sleeve, making a pleat on the sleeve. Fold inside inner side of cuff and stitch in the ditch.

11. Serge the lower edge of garment, press onto wrong side and topstitch.

12. Make buttonholes and sew on buttons onto cuffs. Make button holes on the corners of the collar, and sew buttons on the front neckline correspondingly.

### TECHNICAL DRAWING:

