

Sarafan - Sewing Pattern #4029

Recommendations on fabric: natural/mixed knit fabric of medium stretchiness.

Seam allowances: seam allowance on hem – 2 cm; seam allowance on back neckline, armholes, upper edge of wholecut facing of upper front – 1.5 cm; other seams 0.7 cm.

Note on seam allowances:

- If the pattern has double contour the seam allowances are included. They are 1 cm unless specified otherwise.
- If the pattern has single contour, the seam allowances are NOT included and need to be added when laying out the pattern.

Note on length of fabric:

Attention! The amount of fabric needed for your pattern is not included. It will depend on the selected pattern size, the width, and design of the fabric you plan to use. First, print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm). Measure how much fabric you will need. Don't forget to account for pieces that need to be cut multiple times and pieces that are cut on the fold.

Note on working with stretchy fabric:

Knitted fabric pieces are sewn together with special elastic or narrow zig-zag stitch. Seam allowance on hems can be stitched with twin needles to save stretchiness. Pieces can also be sewn together with a serger. When serging, cut seam allowances to 0.6 – 0.8 cm.



CUTTING:

Note on cutting:

On the pattern pieces, "beam" means straight of grain. Lay out your pieces accordingly. Some pieces will be cut on the fold. This is noted on the pattern piece. Mark all notches and other design features such as pleats etc. from the pattern onto your fabric.

When sewing the garment, pay attention to notches, they must match up.

1. Upper back – cut 1
2. Lower left back – cut 1
3. Lower right back – cut 1
4. Upper front – cut 1
5. Lower front – cut 1

6. Panel – cut 2

INSTRUCTIONS:

1. Sew center seam on lower back, press seam.
2. Sew upper back to lower back, press seam. Sew upper front to lower front, press seam.
3. Sew right side edges, press seam. Sew a gathering stitch and gather fullness along left side edge on back and front from waist to first notch.
4. Serge seam allowances of back neckline, front and back armholes, upper edge of upper front, press onto wrong side and topstitch.
5. Fold panel in half lengthwise and sew long edge. Turn onto right side and press. Sew panel into ring. Thread back strap through the decorative panel. Fold wholecut seam allowance of upper edge of upper front onto wrong side, put strap in between and topstitch. Turn strap right side out. Place panel so that the seam of strap is not visible. Slipstitch panel from back side.
6. Serge hem of garment, press onto wrong side and topstitch.

TECHNICAL DRAWING:

