

Sewing Pattern — Dress 4030

Recommendations on fabric: natural / mixed dress fabrics of contrast colors.

You will also need: blind zipper, fusing, bias tape of 4 cm wide, belt.

If the pattern has double contour the seam allowances are included.

Seam allowances are NOT included by default and need to be added when laying out and cutting details if your pattern has single contour.

Seam allowance: on hem of the dress – 2.0 cm, all other seams - 1 cm.

Attention! First of all please print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm) to see how much fabric you will need. Don't forget to count pair parts and symmetrical parts.

When sewing the garment, pay attention to notches, they must coincide.



CUTTING:

Dark fabric:

1. Upper back part - 2 details
2. Top right part of front part – 1 detail
3. Left part of front part – 1 detail
4. Facing of back part — 2 details
5. Right facing of front part - 1 detail

Pale fabric:

1. Lower back part - 2 details
2. Central front part - 1 detail
3. Left facing of front part - 1 detail

Fusing: back part neckline facings, front part neckline facings

INSTRUCTIONS:

1. Apply fusing to facings.
2. Sew darts on details of back part and of front part. Press bust darts upwards, waist darts — towards center of detail .
3. Stitch top part of back part to lower detail of back part. Press seam upwards and serge. Serge middle edge of back part. Sew middle seam from zipper marker up to hem. Press seam apart, pressing a slit for zipper. Sew in zipper from top edge up to notches.

4. Stitch top right part of front part to central part from shoulder edge up to corner. Slash seam allowance in corner, serge and press to central part. Make and fasten plaits on top right part of front part (depths are turned towards armhole).
5. Make and fasten plaits on left part of front part (depths are turned towards middle edge). Stitch left part of front part to central part, slashing in corner. Press seam allowances in top part onto central part, in lower part – towards left side seam, serge.
6. Sew shoulder seams. Press seam allowances towards back part and serge.
7. Sew shoulder seams of the facings. Press apart the seam and serge. Serge outer edge of the facings. Fold dress with right part neckline facing right sides together and overstitch. Slash seam on rounded parts, turn details out and press. Topstitch seam allowances onto the facing. Tack facing to zipper tape.
8. Stitch top right part of front part to central part, serge. Fold dress with left part neckline facing right sides together, placing top part of front part between them and overstitch. Slash seam on rounded parts, turn details out and press. Topstitch seam allowances onto the facing. Tack facing to zipper tape.
9. Cut (if ready bias tape is not available) bias tape of 4 cm wide and length equal to the length of the armhole + 5cm. Fold bias tape in half lengthwise wrong sides together and press. Fold the bias tape with edge of the armhole from right side and overstitch, turn the bias tape onto wrong side and topstitch along the fold onto main detail. Press the seam
10. Sew side seams of back part and of front part. Press seam allowances towards back part and serge. Fix end on side seam near the armhole.
11. Serge hem of the dress, press onto wrong side and topstitch.

TECHNICAL DRAWING:

