

Sewing Pattern — One-piecer 4049

Recommendations on fabric: silk fabrics with lycra.

You will also need: fusible interfacing (tape), elastic of 0.7 cm wide.

If the pattern has double contour the seam allowances are included.

If the pattern has single contour, the seam allowances are NOT included and need to be added when laying out and cutting details.

Seam allowance: on back / front neckline – 1.5 cm; on hem – 3 cm; on upper edge of front and back halves of shorts and on lower edge of back and lower front – 2 cm; on lower edge of front and back sleeve – 0 cm; on shoulder curve – 1 cm that comes to 0 cm in lower edge point; all other seams - 1 cm

Attention! First of all please print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm) to see how much fabric you will need. Don't forget to take into account pieces to be duplicated or cut on a fold.

When sewing the garment, pay attention to notches, they must coincide.

CUTTING:

(On the pattern pieces, “beam” means straight of grain. Lay out your pieces accordingly. Some pieces will be cut on the fold. This is noted on the pattern piece. Mark all notches and other design features such as darts, pleats etc. from the pattern onto your fabric.)

Main fabric:

1. Back – cut 2
2. Upper front – cut 2
3. Lower front – cut 1
4. Front sleeve — cut 2
5. Back sleeve – cut 2
6. Front half – cut 2
7. Back half – cut 2
8. Ties – cut 2 (3.7 x 70 cm each)

Advice: When serging, cut off sleeve connecting seam to 0.5 – 0.7 cm



INSTRUCTIONS:

1. Sew shoulder edges. Serge and press seam to back.
2. Press seam allowance of back and front neckline to wrong side at 1.5 cm, stitch at 0.1 – 0.2 cm from the fold. Cut off seam allowance close to stitch. Turn seam allowance again and make a stitch on previous one. Press the seam. Sew middle edge of back. Serge and press the seam. Bartack in upper part of seam, fastening the seam allowance.
3. Make a gathering stitch at 0.5 cm from the edge on lower edge of upper front. Gather ruffle between notches. Sew upper and lower fronts. Press seam downwards and serge
4. Apply interfacing to left side edge of back. Serge separately left side seam edges. Sew left side edge from armhole to notch. Press apart seam, pressing the slit for zipper. Sew in zipper. Sew right side edge. Serge seam allowance and press to back.
5. Sew middle edges of front and back halves. Serge seams and press to right half. Sew side edges of shorts. Serge seams and press to back.
6. Place bodice and shorts wrong side together. Sew them together at 0.7 cm from the edge. Turn details right side out, press and sew again at 1.3 cm from the seam. Press seam downwards. Topstitch seam allowance onto shorts.
7. Sew lower edge of sleeve. Serge seam and press to back. Serge with thin rolled seam hem of sleeves and shoulder edges from curve to lower point. Sew shoulder seam section on sleeve, from curve to notch.
8. Sew sleeves into armholes. serge and press seam.
9. Sew leg seam, serge and press to back half.
10. Press lower edges first at 1 cm, then again at 2 cm and topstitch.
11. Cut hole for elastic, finish the edges of the hole by hand. Set the elastic and fasten it.
12. Cut ties. Press details in half lengthwise. Unfold details and press long edges to fold. Sew details. Sew ties to shoulder seam.

TECHNICAL DRAWING:

