

## S4105 Sheath Dress With Waistband And Pleated Sleeves

Recommended fabrics: natural/mixed fabrics suitable for dresses.

You will also need: fusible interfacing, dress zipper.

### Note on seam allowances:

- If the pattern has double contour the seam allowances are included.
- If the pattern has single contour, the seam allowances are NOT included and need to be added when laying out the pattern.

### Note on length of fabric:

Attention! The amount of fabric needed for your pattern is not included. It will depend on the selected pattern size, the width, and design of the fabric you plan to use. You are welcome to use the Online Fabric Estimator to make calculations. Alternatively, print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm). Measure how much fabric you will need. Don't forget to account for pieces that need to be cut multiple times and pieces that are cut on the fold.



### PRINTING:

Please use Adobe Reader software to open your PDF pattern. You can get Adobe Reader free of charge at this link - <https://get.adobe.com/reader/>.

Make sure you print your patterns at actual size (100%% scale or None) and on single sides of plain A4 paper. Verify that the print out size is to the correct scale by measuring the test square on the first page. The upper edge of the square features a centimeter scale, and the bottom edge features an inch scale.

Trim top and/or right margin of the pages where you see the scissors symbols. In the center of each page, the number of row and column is printed, separated by / sign. Construct layout pages according to these marks (for example, page marked 2/3 is in the second row and in the third column). Align pages using margins and tape or glue together.

**CUTTING:****Note on cutting:**

Lay out your pieces according to straight of grain as marked on the pattern pieces.

Some pieces will be cut on the fold, the corresponding edge will then be marked with a fold mark. Kindly pay attention to notes regarding type of fabric and quantity of required pieces on a block. For example, [ Main, Interfacing - cut 1+1 ] on a pattern piece means that you need to cut 1 piece as is and 1 mirrored piece from the main fabric as well as from interfacing.

Make sure to mark all notches and other design features such as pleats etc. from the pattern piece onto your fabric. When sewing the garment, pay attention to notches, they must match up.

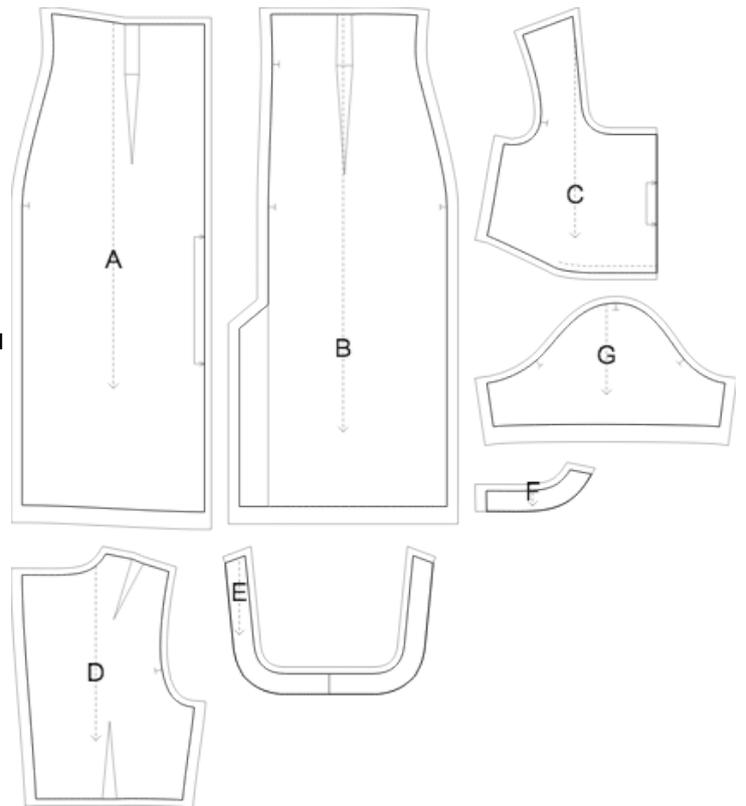
**Self**

- (A) Front Skirt - cut 1 on fold
- (B) Back Skirt - cut 1 +1
- (C) Front - cut 1 on fold
- (D) Back - cut 1 +1
- (E) Front Facing - cut 1
- (F) Back Facing - cut 1 +1
- (G) Sleeve - cut 1 +1

**Interfacing**

- (E) Front Facing - cut 1
- (F) Back Facing - cut 1 +1

\* The capital letters in brackets correspond to pattern blocks as seen in Online Fabric Estimator and in pattern blocks preview on the right.

**INSTRUCTIONS:**

1. Apply fusible interfacing according to the Cutting instructions.
2. Sew a gathering stitch along the lower edge of Front pieces and gather fullness. The desired length is mentioned on the pattern block.
3. Sew darts on Back pieces. Stitch the dart using a stitch length of about 2 to 2.5 from the outer edge towards end of the dart, the last stitches very close to fabric. Stitch off the edge at the dart point, leave thread tails and tie a knot. Press bulk of darts towards center.

4. Baste darts on Front Skirt matching notches and sew. Stitch the dart using a stitch length of about 2 to 2.5 from the outer edge towards end of the dart, the last stitches very close to fabric. Stitch off the edge at the dart point, leave thread tails and tie a knot. Press towards center.
5. Baste and sew darts on Back Skirts, matching notches. Stitch the dart using a stitch length of about 2 to 2.5 from the outer edge towards end of the dart, the last stitches very close to fabric. Stitch off the edge at the dart point, leave thread tails and tie a knot. Press towards center.
6. Sew Front Bodice to Front Skirt. Serge and press towards top. Treat as one Front piece in the future.
7. Sew Back Bodices to Back Skirts pairwise. Serge and press towards top. Treat as whole Back pieces in the future.
8. Serge center back edges separately.

**INVISIBLE ZIPPER:**

- Mark the contour of the pieces on the **RIGHT** side of fabric using a removable chalk or marker. Alternatively, press the seam allowances and use the fold line as the guidance.
- Open the zipper. Position the zipper onto the fabric, to position the zipper correctly into the fabric you will need to place the **RIGHT** side of the zip onto the **RIGHT** side of the fabric. With the teeth of the zip facing **AWAY** from the seam allowance (edge of the fabric).
- Position the teeth of the zip onto the drawn line, and position the clear zip stopper at the top of the zip on the horizontal starting line you drew previously (top edge of the fabric), pin, baste or tack zipper in place.
- At the sewing machine change the standard foot to the invisible zipper foot (if you don't have one, use standard zipper foot).
- Sew along the zip, gently pull the teeth open with your fingers. Stop when the foot touches the zipper pull at the end of the zip (you will not be able to sew any further than this). Back stitch.
- Repeat for the other side.
- Sew center back seam **AFTER** you have installed the zipper, stitch as closely as you can to the end of the zipper.
- Slipstitch the opening and press.

9. **VENT:** Apply fusible interfacing to vent area on backs from the wrong side. Mark center seam line (vent foldline) from the right side. Press left skirt along vent fold. On the right skirt, press the seam allowance of the right side of the vent onto wrong side. Align pieces along center seam and baste together along upper edge of vent. Serge seam allowances of vent. Clip into seam allowance of vent in corner on right part. Press apart center seam, press seam allowances of the vent and sew them together by machine.

10. Sew shoulder seams. Serge and press towards back.

11. Sew shoulder seams of neckline facings. Press seam apart and serge. Serge outer edge of facings. Pin facing onto Shell right sides together, adjusting neckline edges. Fold the facing away all the way along **EXCEPT** for the area 5 mm from the edge of dress zipper and pin it to upper edge of garment. Fold seam allowances along zipper onto right side and pin to neckline on top of facings. Sew the neckline. Clip into curves, turn pieces right side out and press. Slip stitch facing to seam allowances of shoulder seam on Shell. Slipstitch facing to zipper tape.

12. Sew sleeves into armholes matching notches and gathering ease on cap. Serge and press towards sleeve.

13. Sew side and sleeve seams continuously. Serge and press towards back.
14. Serge lower edge of sleeves. Turn under, press and topstitch or slip stitch as desired.
15. Serge hem, turn under, press and topstitch or slip stitch as desired.

**TECHNICAL DRAWING:**

