

## Sewing Pattern — Dress 4064

Recommendations on fabric: medium stretch-knit fabric

You will also need: decorative cord

If the pattern has a double line around it, the seam allowances are included.

**Note:** By default, seam allowances are NOT included (single line) and will need to be added when laying out and cutting details.

Seam allowance: on hem – 2 cm; on back / front neckline edges, back / front armholes - 1.5 cm; on edges of self-belts – 0 cm; all other seams - 0.7 cm

Attention! First of all, please print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm) to see how much fabric you will need. Don't forget to take into account pieces to be duplicated or cut on a fold.

When sewing the garment, pay attention to notches, they must match up with corresponding pieces.



### **CUTTING:**

The word, “beam” used on some patterns means “straight of grain”. Some pieces will be cut on the fold, this is noted on the pattern piece. Mark all notches and other design features such as darts, pleats etc. from the pattern onto your fabric.

### **Advice:**

Knit fabric pieces are sewn together with special elastic or narrow zig-zag stitch. Seam allowance on hem is stitched with twin needles to save stretchiness. Pieces can also be sewn together with 3 or 4 – thread serger. When serging, cut seam allowances to 0.6 – 0.8 cm.

### Main fabric:

1. Back part – 1 detail
2. Front part – 1 detail
3. Shoulder self-belt – 2 details
4. Side self-belt – 2 details

### **INSTRUCTIONS:**

1. Press short edges of self-belt at 1 cm onto wrong side. Press self-belts in half lengthwise wrong sides together.
2. Serge seam allowances of back and front neckline edge, seam allowances of back front armholes, press onto wrong side and topstitch.

3. Make a gathering stitch along right side edge of back / front part from top down to mark and gather ruffles to the length of self-belt. Put self-belts on side edges of back / front from top edge down to mark and fasten. The fold of self-belt is directed from the edge. Sew right side seam, press seam allowances. Sew left side seam, press seam allowances.
4. Make a gathering stitch along shoulder edge of back / front and gather ruffles to the length of self-belt. Put self-belts on shoulder edges of back / front and fasten. The fold of self-belt is directed from the edge. Sew shoulder seam, press seam allowances.
5. Serge hem of garment, press onto wrong side and topstitch.
6. Set cord into self-belts: first into one of the self-belts from below upwards, then into another from above downwards. Fasten.

### **TECHNICAL DRAWING:**

