

Sewing Pattern — Dress 4078

Recommended fabric: stretch-knit fabric of natural or mixed fibers; suiting fabric of natural or mixed fibers.

You will also need: lightweight fusible interfacing suitable for knits.

If the pattern has a double line around it, the seam allowances are included.

Seam allowance: all seams – 0.7 cm, hem and sleeve edge – 1.5 cm.

Note: By default, seam allowances are NOT included (single line) and will need to be added when laying out and cutting details.

Attention! First of all please print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm) to see how much fabric you will need. Don't forget to take into account pieces to be duplicated or cut on a fold.

When sewing the garment, pay attention to notches, they must match up with corresponding pieces.

CUTTING:

(The word, “beam” used on some patterns means “straight of grain”. Some pieces will be cut on the fold, this is noted on the pattern piece. Mark all notches and other design features such as darts, pleats etc. from the pattern onto your fabric.)

Darts: The fold of the dart is always pressed toward the center of your garment, or down toward the hem.

Advice:

Knit fabric pieces are sewn together with special stretch-stitch or narrow zig-zag stitch. Seam allowance on hem is stitched with twin needles to save stretchiness. Pieces can also be sewn together with 3 or 4 – thread serger. When serging, cut seam allowances to 0.6 – 0.8 cm.

Main fabric:

1. Back - cut 2
2. Upper right front – cut 1
3. Upper left front – cut 1
4. Lower front – cut 1
5. Sleeve – cut 2
6. Back neck facing – cut 1
7. Front right neck facing – cut 1
8. Front left neck facing – cut 1

Suiting fabric:

1. Front inset – cut 1



Fusible interfacing:

1. Front inset – cut 1
2. Back neck facing – cut 1
3. Front right neck facing – cut 1
4. Front left neck facing – cut 1

INSTRUCTIONS:

1. Apply interfacing to listed pieces.
2. Sew center back seam. Serge and press toward left.
3. Make a gathering stitch on top right front edge between «o» markers and gather fullness. Serge outer edges of the front neck facings. Sew facing, right sides together to front neck edges. Turn facing onto wrong side, press. Pin gathered edge of right upper front to upper inset edge from corner up to marker, and sew, right sides together. Serge and press seam allowances. Make a gathering stitch along the lower edge of left upper front and gather slightly. Baste lower edges of upper fronts together.
4. Make a gathering stitch on lower front edge between «o» markers and gather fullness. Sew lower front to inset, serge and press seam allowances. Sew upper front to lower front, serge and press seam allowances.
5. Sew back facing to back neck edge. Pin shoulder edges right sides together, placing shoulder edge of front between back and facing, and sew. Serge and press seam allowances. Turn facing onto wrong side.
6. Sew sleeve into open armhole, matching markers. Serge and press seam allowances.
7. Sew side seam and sleeve seam as one. Serge and press seam allowances.
8. Serge lower edge of the dress and sleeve edge. Turn onto wrong side, press and topstitch.

TECHNICAL DRAWING:

