

## Hooded Sweatshot - Sewing Pattern #4708

Recommendations on fabric: natural/mixed knit fabric of small stretchiness.

You will also need: bias tape (approximate length is given on front pattern block), separating zipper.

Seam allowances: all seams 1 cm. Seam allowance along back hem, front hem and sleeve hem – 0 cm. Seam allowance along outer edge of hood – 0 cm. Seam allowance along center edge of right front – 0 cm.

### Note on seam allowances:

- If the pattern has double contour the seam allowances are included. They are 1 cm unless specified otherwise.
- If the pattern has single contour, the seam allowances are NOT included and need to be added when laying out the pattern.

### Note on length of fabric:

*Attention! The amount of fabric needed for your pattern is not included. It will depend on the selected pattern size, the width, and design of the fabric you plan to use. First, print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm). Measure how much fabric you will need. Don't forget to account for pieces that need to be cut multiple times and pieces that are cut on the fold.*

### Note on working with stretchy fabric:

*Knitted fabric pieces are sewn together with special elastic or narrow zig-zag stitch. Seam allowance on hems can be stitched with twin needles to save stretchiness. Pieces can also be sewn together with a serger. When serging, cut seam allowances to 0.6 – 0.8 cm.*

## CUTTING:

### Note on cutting:

*On the pattern pieces, "beam" means straight of grain. Lay out your pieces accordingly. Some pieces will be cut on the fold. This is noted on the pattern piece. Mark all notches and other design features such as pleats etc. from the pattern onto your fabric.*

*When sewing the garment, pay attention to notches, they must match up.*

Main fabric:



1. Back – cut 1 on fold
2. Front right – cut 1
3. Front left – cut 1
4. Back sleeve – cut 2
5. Front sleeve – cut 2
6. Placket – cut 1
7. Hood right – cut 1
8. Hood left – cut 1
9. Center hood – cut 1
10. Pocket bag – cut 4

## INSTRUCTIONS:

1. Sew front darts, press bulk towards top.
2. Mark the position of pocket. Cut two bias facings (or take ready bias tapes), their length should equal the length of pocket opening + 3 cm. Mark guidance lines parallel to pocket opening, at 0.5 cm. Sew facings to front, straightening the bias tape. Finish stitching at the guidance lines that you marked near pockets. Check your work on the wrong side (stitch lines should be parallel). Slash pocket openings, make slashed cuts at 1.5 cm from pocket corner. Turn facings onto wrong side through the resulting opening, straighten edges. Sew pocket bags to seam allowances of facings. Fasten the ends of pocket at the corners by double stitch from the wrong side. Sew together edges of pocket bags, serge.
3. Sew back part of the sleeve to back, press seams towards back and serge. Topstitch at 0.7 cm from seam. Sew front part of sleeve to the front, press towards front and serge. Topstitch at 0.7 cm from seam.
4. Sew upper edges of sleeves, press seams towards back and serge. Sew side seams, sewing the sleeve edges at the same time, press seams towards back and serge.
5. Sew side hoods to center hood, press seam allowances towards center part and serge. Topstitch at 0.7 cm from seam.
6. Sew hood into neckline, press towards hood and topstitch at 0.7 cm from seam.

7. Press placket in half lengthwise right side out. Sew placket to left front, inserting zipper between markings. Press towards front and topstitch at 0.7 cm from seam.
8. Sew bias tape continuously to center front, hood and hem.
9. Pin right part of zipper under right center front edge and stitch-in-the-ditch into the seam of bias tape.
10. Sew bias tape to hem of sleeve.

### TECHNICAL DRAWING:

