

Blouse With Pleated Sleeves - Sewing Pattern #4693

Recommendations on fabric: natural/mixed fabrics suitable for blouses.

You will also need: 2 buttons; fusible interfacing; dress zipper.

Seam allowances: all seams 1 cm; seam allowance for hem of blouse – 2 cm;

Note on seam allowances:

- If the pattern has double contour the seam allowances are included. They are 1 cm unless specified otherwise.
- If the pattern has single contour, the seam allowances are NOT included and need to be added when laying out the pattern.

Note on length of fabric:

Attention! The amount of fabric needed for your pattern is not included. It will depend on the selected pattern size, the width, and design of the fabric you plan to use. First, print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm). Measure how much fabric you will need. Don't forget to account for pieces that need to be cut multiple times and pieces that are cut on the fold.



CUTTING:

Note on cutting:

On the pattern pieces, "beam" means straight of grain. Lay out your pieces accordingly. Some pieces will be cut on the fold. This is noted on the pattern piece. Mark all notches and other design features such as pleats etc. from the pattern onto your fabric.

When sewing the garment, pay attention to notches, they must match up.

Main fabric:

1. Center front - cut 1 on fold
2. Side front - cut 2
3. Center back — cut 2
4. Side back — cut 2
5. Sleeve – cut 2
6. Back neck facing — cut 2
7. Front neck facing – cut 1

8. Cuff – cut 2

Fusible interfacing:

1. Back neck facing — cut 2
2. Front neck facing – cut 1
3. Cuff – cut 2

INSTRUCTIONS:

1. Apply fusible interfacing.
2. Sew side fronts to front. Serge seams and press towards center.
3. Sew darts on back. Press bulk towards center. Sew side backs to center back. Serge seams and press towards center. Serge center edges separately. Sew center back seam from notch for zipper to bottom. Sew in zipper.
4. Sew shoulder and side seams. Serge seams and press towards back.
5. Make and baste pleats along sleeve cap. Fold bulk of pleats towards back part of the sleeve. Make and baste pleats along the lower edge of the sleeve. Fold bulk of pleats toward the front part of the sleeve. Serge edges of sleeve separately. Sew from top up to notch for slit. Sew sleeves into armholes. Serge.
6. Fold cuff in half lengthwise and sew corner. Trim away corners and turn right side out. Sew outer side of cuff to sleeve. Turn seam allowance of inner cuff under and stitch-in-the-ditch along seam of outer side.
7. Serge seam allowance for hem of blouse, press onto wrong side and topstitch.
8. Make buttonholes on cuffs. Sew on buttons.

TECHNICAL DRAWING:

