

Recommendations on fabric: medium stretch-knit, natural or mixed fabric of two colours.

Seam allowances: all seams – 0.8 cm.

**Note on seam allowances:**

- If the pattern has double contour the seam allowances are included. They are 1 cm unless specified otherwise.
- If the pattern has single contour, the seam allowances are NOT included and need to be added when laying out the pattern.

**Note on length of fabric:**

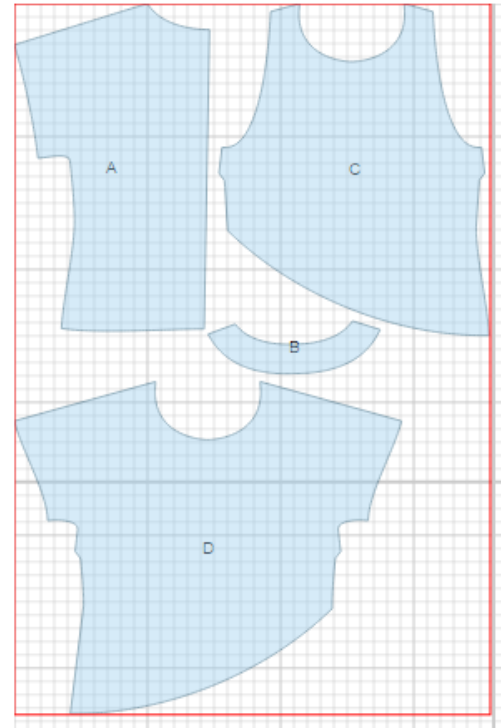
*Attention! The amount of fabric needed for your pattern is not included. It will depend on the selected pattern size, the width, and design of the fabric you plan to use. First, print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm). Measure how much fabric you will need. Don't forget to account for pieces that need to be cut multiple times and pieces that are cut on the fold.*



## CUTTING:

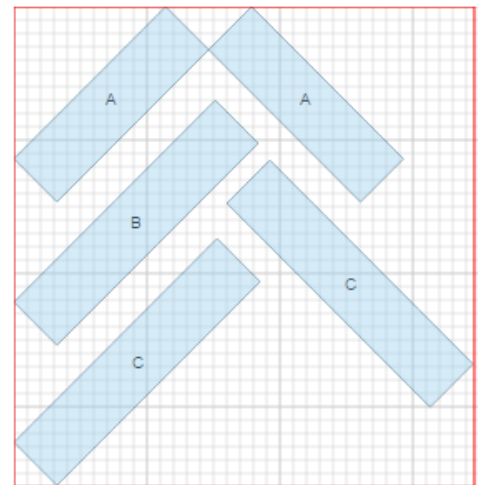
### Main fabric 1:

1. Back - cut 1 on fold (A)
2. Back neck facing - cut 1 (B)
3. Inner front - cut 1 (C)
4. Outer front - cut 1 (D)



### Main fabric 2:

1. Sleeve trim (cuff) - cut 2 (A)
2. Back trim - cut 1 (B)
3. Front trim - cut 2 (C)



**Advice:** Knit fabric pieces are sewn together with special elastic or narrow zig-zag stitch. Seam allowance on hem is stitched with twin needles to save stretchiness. Pieces can also be sewn together with 3 or 4 – thread serger. When serging, cut seam allowances to 0.6 – 0.8 cm.

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## INSTRUCTIONS:

1. Sew darts on inner and outer fronts, press bulk upwards.
2. Sew shoulder seams of inner front and facing Wrong sides together. Press seam open. Serge, turn under and topstitch inner edge of armhole and facing.
3. Sew shoulder seams of outer front and back, serge seams and press towards back. Pin WRONG side of inner piece of blouse to RIGHT side of outer piece and sew neckline seam. Clip seam on curves, turn inner piece to inside and press neckline.
4. Fold trim pieces in half lengthwise and sew them to lower edges. Fasten inner front to outer on side edges and then sew as one detail.
5. Fold sleeve trims (cuffs) in half lengthwise and sew them to lower edges of sleeves.
6. Sew side seam and sleeve seam with one continuous stitch. Serge and press seam towards back.

TECHNICAL DRAWING:

