

## Sewing Pattern — Dress 4505

Recommendations on fabric: low to medium stretch knit fabric of two colours.

You will also need: knit bias tape, invisible zipper.

Seam allowances: all seams – 0.8 cm, on hem – 2.0 cm, hem of sleeve, center edges of bolero, neckline and outer edges of bow – 0 cm, center edge of bows – 2 cm.

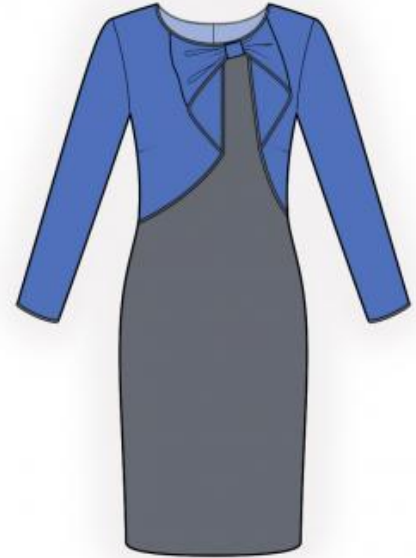
### Note on seam allowances:

- If the pattern has double contour the seam allowances are included. They are 1 cm unless specified otherwise.

- If the pattern has single contour, the seam allowances are NOT included and need to be added when laying out the pattern.

### Note on length of fabric:

*Attention! The amount of fabric needed for your pattern is not included. It will depend on the selected pattern size, the width, and design of the fabric you plan to use. First, print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm). Measure how much fabric you will need. Don't forget to account for pieces that need to be cut multiple times and pieces that are cut on the fold.*



### **CUTTING:**

#### Main fabric 1:

1. Lower back – cut 2
2. Front – cut 1

#### Main fabric 2:

1. Upper back – cut 2
2. Right bolero – cut 1
3. Left bolero – cut 1
4. Sleeve – cut 2

**Advice:** Knit fabric pieces are sewn together with special elastic or narrow zig-zag stitch. Seam allowance on hem is stitched with twin needles to save stretchiness. Pieces can also be sewn together with 3 or 4 – thread serger. When serging, cut seam allowances to 0.6 – 0.8 cm.

### **INSTRUCTIONS:**

1. Sew darts on back. Press darts toward center seam. Sew upper and lower backs. Serge seam and press it upwards. Serge separately center back edges. Sew center back seam from zipper mark down to hem. Sew in zipper.
2. Sew darts on front and boleros. Cut off with serger.

3. Trim seam allowances of bolero near vertical marks of neckline. Bind lower edges of right and left boleros with bias tape. Place bolero with its right side up, onto front, matching neck edges. Pin on side edge, armhole and neckline edges. Sew shoulder edges. Press seams onto back and serge. Bind neckline edge with bias tape, starting and ending on the section between boleros. Bind outer edges of bows.
4. Attach bolero on vertical lines with machine stitch. Sew center edges of bows. Straighten the bow and sew to front with invisible tacks.
5. Cut a strap 6x3 cm. Bind long edges with bias tape. Fasten the bow with strap, closing the joint of neck binding.
6. Sew sleeves into open armholes, matching notches. Press and serge seams. Bind lower edge of sleeve with bias tape. Sew side edge and sleeve edge simultaneously. Press and serge seam.
7. Serge hem of the blouse, press to wrong side and topstitch.

**TECHNICAL DRAWING:**

