

Long Dress - Sewing Pattern #4446

Recommendations on fabric: well draping natural/mixed fabric suitable for dresses.

You will also need: fusible interfacing; dress zipper, elastic tape, its width should equal 0.5-0.8 cm.

Seam allowances: all seams 1 cm; seam allowance for hem of dress - 1.5 cm; seam allowance for hem of sleeve — 2 cm.

Note on seam allowances:

- If the pattern has double contour the seam allowances are included. They are 1 cm unless specified otherwise.
- If the pattern has single contour, the seam allowances are NOT included and need to be added when laying out the pattern.

Note on length of fabric:

Attention! The amount of fabric needed for your pattern is not included. It will depend on the selected pattern size, the width, and design of the fabric you plan to use. First, print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm). Measure how much fabric you will need. Don't forget to account for pieces that need to be cut multiple times and pieces that are cut on the fold.



CUTTING:

Note on cutting:

On the pattern pieces, "beam" means straight of grain. Lay out your pieces accordingly. Some pieces will be cut on the fold. This is noted on the pattern piece. Mark all notches and other design features such as pleats etc. from the pattern onto your fabric.

When sewing the garment, pay attention to notches, they must match up.

Main fabric:

1. Upper back - cut 2
2. Lower back - cut 2
3. Upper front - cut 1
4. Lower front - cut 1 on fold
5. Sleeve - cut 2
6. Back neck facing — cut 2

7. Front neck facing — cut 1

Fusible interfacing:

1. Back neck facing — cut 2
2. Front neck facing — cut 1

INSTRUCTIONS:

1. Apply fusible interfacing.
2. Sew darts on back and front. Press bulk: on back towards center, on front towards top.
3. Sew gathering stitches along upper edges of lower parts of dress and gather fullness.
4. Sew lower back to upper back. Serge seams and press towards top. Serge center back edges separately. Sew center back seam from notch for zipper to bottom. Press seam apart, pressing the slit at the same time. Sew in zipper.
5. Sew lower front to upper front. Serge and press towards top.
6. Sew side and shoulder seams. Serge seams and press towards back.
7. Sew shoulder seams of facings. Serge outer edge. Pin facing onto neckline and sew. Clip seam allowances and fold facings onto wrong side. Slipstitch facing to shoulder seams and center back edge.
8. Sew sleeve seam. Serge and press towards back. Serge lower edge of sleeve. Fold seam allowance inside and topstitch, making a casing. Thread elastic tape into casing and sew ends together. Sew sleeve into armhole, making pleats as desired.
9. Serge lower edge of dress, press onto wrong side and topstitch.

TECHNICAL DRAWING:

