

Blouse With Pleats - Sewing Pattern #4419

Recommendations on fabric: natural/mixed fabric suitable for dresses.

You will also need: dress zipper, fusible interfacing.

Seam allowances: all seams 1 cm; seam allowance for hem of garment and hem of sleeve — 1.5 cm.

Note on seam allowances:

- If the pattern has double contour the seam allowances are included. They are 1 cm unless specified otherwise.
- If the pattern has single contour, the seam allowances are NOT included and need to be added when laying out the pattern.

Note on length of fabric:

Attention! The amount of fabric needed for your pattern is not included. It will depend on the selected pattern size, the width, and design of the fabric you plan to use. First, print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm). Measure how much fabric you will need. Don't forget to account for pieces that need to be cut multiple times and pieces that are cut on the fold.



CUTTING:

Note on cutting:

On the pattern pieces, "beam" means straight of grain. Lay out your pieces accordingly. Some pieces will be cut on the fold. This is noted on the pattern piece. Mark all notches and other design features such as pleats etc. from the pattern onto your fabric.

When sewing the garment, pay attention to notches, they must match up.

Main fabric:

1. Left side back - cut 1
2. Right side back - cut 1
3. Left center back - cut 1
4. Right center back - cut 1
5. Center front — cut 2
6. Right front - cut 1

7. Left front - cut 1
8. Lower front - cut 1
9. Back neck facing — cut 2
10. Sleeve — cut 2

Fusible interfacing:

1. Back neck facing — cut 2

INSTRUCTIONS:

1. Apply interfacing to facings.
2. Sew side backs to center back, serge seams and press towards center. Serge separately center back edges. Sew center back seam from zipper marker down to hem, press seam apart. Sew in zipper.
3. Sew shoulder seams. Serge seams and press towards back.
4. Sew outer edges of back facings. Sew shoulder seam allowances of front lining and back facings. Press seam apart. Pin facing and lining onto neckline and sew. Trim away corners and clip into curves. Fold lining towards wrong side and press. In the future treat upper front and lower front as one piece.
5. Sew side fronts to front. Serge seams and press towards center.
6. Sew pleats on lower front according to notches. Fold bulk towards top. Baste upper pleat along side edge. Trim away excessive fabric.
7. Sew lower front to upper front. Serge and press towards top.
8. Sew side seams. Serge seams and press towards back.
9. Sew a gathering stitch along upper sleeve cap between notches and gather fullness. Sew sleeve seam. Serge. Sew sleeve into armhole. Serge.
10. Serge lower edge of garment and lower edge of sleeve, press onto wrong side and topstitch.

TECHNICAL DRAWING:

