

## Sewing Pattern — Leggings 4390

Recommendations on fabric: medium-stretch knit fabric.

You will also need: fusible interfacing, decorative cord

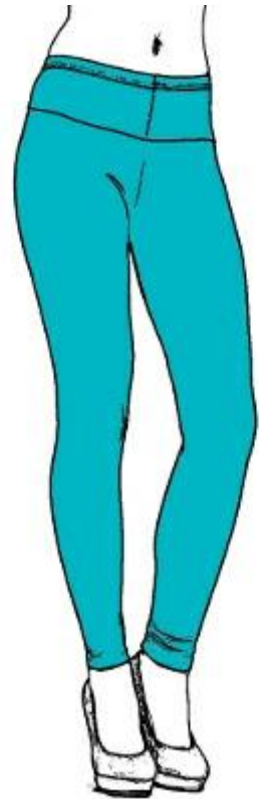
If the pattern has double contour the seam allowances are included.

If the pattern has single contour, the seam allowances are NOT included and need to be added when laying out and cutting details.

Seam allowance: on hem — 1.5 cm, all other seams 0.8 cm

Attention! First of all please print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm) to see how much fabric you will need. Don't forget to take into account pieces to be duplicated or cut on a fold.

When sewing the garment, pay attention to notches, they must coincide.



### **CUTTING:**

(On the pattern pieces, “beam” means straight of grain. Lay out your pieces accordingly. Some pieces will be cut on the fold. This is noted on the pattern piece. Mark all notches and other design features such as darts, pleats etc. from the pattern onto your fabric.)

### **Main fabric:**

1. Front half – cut 2
2. Back half – cut 2
3. Front yoke – cut 2
4. Back yoke — cut

### **Advice:**

Knit fabric pieces are sewn together with special stretch-stitch or narrow zig-zag stitch. Seam allowance on hem is stitched with twin needles to save stretchiness. Pieces can also be sewn together with 3 or 4 – thread serger. When serging, cut seam allowances to 0.6 – 0.8 cm.

### **INSTRUCTIONS:**

1. Apply fusible interfacing to small section for holes.
2. Sew and serge side and inner leg seams. Press seams to back.
3. Sew middle edges of front and back halves. Serge edges together.
4. Serge holes on outer front yoke. Sew side edges of outer and inner yokes. Sew yokes to leggings. Serge seam and press it downwards.
5. Serge hem of leggings. Turn seam allowance to wrong side, press and topstitch.
6. Set decorative cord through the holes.

**TECHNICAL DRAWING:**

