Sewing Pattern — Dress 4345

Recommendations on fabric: fabric suitable for dresses

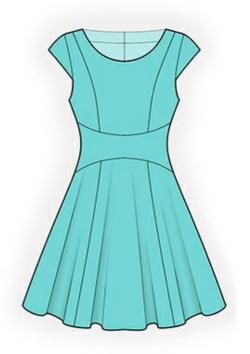You will also need: invisible zipper; fusible interfacing

If the pattern has a double line around it, the seam allowances are included.
Note: By default, seam allowances are NOT included (single line) and will need to be added when laying out and cutting details.

Seam allowance: all seams - 1 cm, on hem of the dress – 1.2 cm

Attention! First of all, please print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm) to see how much fabric you will need. Don't forget to take into account pieces to be duplicated or cut on a fold.

When sewing the garment, pay attention to notches. They must match up with corresponding pieces.

CUTTING:

The word, "beam" used on some patterns means "straight of grain". Some pieces will be cut on the fold, this is noted on the pattern piece. Mark all notches and other design features such as darts, pleats etc. from the pattern onto your fabric.

Darts: The fold of the dart is always pressed toward the center of your garment, or down toward the hem.

Fabric:
1. Center upper back bodice - cut 2
2. Side upper back bodice - cut 2
3. Back inset - cut 2
4. Center lower back skirt - cut 2
5. Side lower back skirt - cut 2
6. Center upper front bodice – cut 1
7. Side upper front bodice - cut 2
8. Front inset - cut 1
9. Center lower front skirt– cut 1
10. Side lower front skirt- cut 2

11. Sleeve – cut 2
12. Back neck facing - cut 2
13. Front neck facing - cut 1

Interfacing:
1. Back neck facing - cut 2
2. Front neck facing - cut 1

INSTRUCTIONS:

1. Apply interfacing to facings.
2. Sew back side bodice to center back bodice, serge and press seam toward center, topstitch at 0.5 cm from the seam. Sew back inset to back bodice, serge and press seam onto inset, topstitch at 0.5 cm off the seam.
3. Sew side back skirt to center back skirt. Serge and press seam toward center. Topstitch at 0. 5 cm from the seam. Sew back skirt to back inset, serge and press seam
onto inset, topstitch at 0.5 cm from the seam.
4. Serge center back edges separately. Sew center back seam from zipper notch
down to lower edge. Press seam apart including opening for zipper. Sew in zipper.
5. Sew front side bodice to center bodice. Serge and press seam toward center. Topstitch at 0.5 cm from the seam. Sew front inset to front bodice, serge and press seam onto inset, topstitch at 0.5 cm from the seam.
6. Sew side front skirt to center front skirt. Serge and press seam toward center. Sew front skirt to front inset, serge and press seam onto inset. Topstitch at 0.5 cm from the seam.
7. Sew shoulder seams and side seams, (at this point you can baste side seams and try dress on, adjust to desired fit). Sew seam, serge and press toward back.
8. Sew shoulder seams of the facings. Press seam apart. Serge outer edge of facing.
Pin dress and facing right sides together, matching neck edges. Leave 5 mm to zipper
edges, turn facing back and pin to top edge of the dress. Turn seam allowances along zipper onto right side of the dress and pin to neckline edge on top of facing. Sew neckline edge. Clip into curves, understitch, turn onto wrong side, and press. Tack facing to zipper tape and to shoulder seams.
9. Cut a strip of bias tape 4 cm wide and as long as lower edge of sleeve + 4 cm. Fold bias tape in half lengthwise, wrong sides together, and press. Pin bias tape onto right side of lower edge of sleeve and sew. Turn bias tape onto wrong side, trim seams and topstitch along the fold onto the sleeve. Press seam. Sew sleeve into the armhole.
10. Cut a strip of bias tape 4 cm wide and as long as lower part of the armhole + 6 cm. Fold bias tape in half lengthwise, wrong sides together, and press. Pin bias tape onto right side of the armhole edge, leaving tails, and sew. Turn bias tape onto wrong side, trim seams and topstitch along the fold onto main garment. Press seam.
11. Serge lower edge of garment, press onto wrong side, and topstitch.

TECHNICAL DRAWING: