

Sewing Pattern — Dress 4350

Recommendations on fabric: fabric suitable for dresses and same color knit fabric of medium stretchiness

You will also need: invisible zipper, bias tape

If the pattern has a double line around it, the seam allowances are included.

Note: By default, seam allowances are NOT included (single line) and will need to be added when laying out and cutting details.

Seam allowances: all seams - 1 cm; hem of the dress – 3 cm

Attention! First of all please print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm) to see how much fabric you will need. Don't forget to take into account pieces to be duplicated or cut on a fold.

When sewing the garment, pay attention to notches, they must match up with corresponding pieces.



CUTTING:

The word, “beam” used on some patterns means “straight of grain”. Some pieces will be cut on the fold, this is noted on the pattern piece. Mark all notches and other design features such as darts, pleats etc. from the pattern onto your fabric.

Darts: The fold of the dart is always pressed toward the center of your garment, or down toward the hem.

Advice:

Knit fabric pieces are sewn together with special stretch-stitch or narrow zig-zag stitch. Seam allowance on hem is stitched with twin needles to save stretchiness. Pieces can also be sewn together with 3 or 4 – thread serger. When serging, cut seam allowances to 0.6 – 0.8 cm.

Main fabric:

1. Back yoke — cut 2
2. Center back— cut 2
3. Front yoke — cut 2
4. Center front — cut 1
5. Side front 1 — cut 2
6. Side front 2 — cut 2

Knit fabric:

1. Top inset – cut 2
2. Lower inset – cut 2

INSTRUCTIONS:

1. Sew center back seam. Serge and press toward left. Sew side backs to center back. Serge and press the seams toward center.
2. Sew side front 2 to side front 1. Serge and press seam toward center. Sew knit insets to side. Serge and press: top seam - onto side, lower seam — onto inset. Sew side fronts to front. Serge and press seams toward center.
3. Sew shoulder seams of yokes, press seam allowances apart. Place inner and outer yokes, right sides together, and sew neckline. Clip into curves. Turn right side out. Then work yoke as one piece.
4. Sew yoke to front and back. Trim seam allowances in corners, serge and press downwards.
5. Cut a bias tape of 4 cm wide and as long as the armhole + 6 cm. Fold bias tape in half lengthwise, wrong sides together, and press. Place the bias tape along armhole edge, right sides together, leaving tails, and sew. Trim seam allowance if needed, and clip into curves. Turn onto wrong side and press. Topstitch on front side.
6. Serge separately left side edges, then sew side seam from the mark down, press seam allowances apart including opening for zipper. Sew in zipper. Sew right side edge, serge seam and press toward back. Sew shoulder seams. Press seam open.
7. Serge bottom edge of dress. Turn seam allowance under, and topstitch.

TECHNICAL DRAWING:

