

Sewing Pattern — Dress 4324

Recommendations on fabric: fabric suitable for dresses

You will also need: interfacing, blind zipper

If the pattern has double contour the seam allowances are included.

If the pattern has single contour, the seam allowances are NOT included and need to be added when laying out and cutting details.

Seam allowance: all seams - 1 cm; on hem of the dress – 1.5 cm; on hem of sleeve – 1.2 cm.

Attention! First of all please print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm) to see how much fabric you will need. Don't forget to count pair parts and symmetrical parts.

When sewing the garment, pay attention to notches, they must coincide.



CUTTING:

(On the pattern pieces, “beam” means straight of grain. Lay out your pieces accordingly. Some pieces will be cut on the fold. This is noted on the pattern piece. Mark all notches and other design features such as darts, pleats etc. from the pattern onto your fabric.)

Main fabric:

1. Bodice back - cut 2
2. Back waistband - cut 2
3. Skirt back - cut 2
4. Bodice front – cut 1
5. Front waistband - cut 1
6. Skirt front - cut 1 on fold
7. Sleeve – cut 2
8. Back neckline facing – cut 2
9. Front neckline facing – cut 1

Interfacing:

1. Back neckline facing – cut 2
2. Front neckline facing – cut 1

INSTRUCTIONS:

1. Apply interfacing to neckline facings.
2. Sew darts on bodice backs. Press darts to center seam. Stitch back waistbands to back bodices, finish and press seam allowances onto waistbands.
Make and baste counter pleats on skirt backs according to marks. Sew skirt backs to back waistbands, finish and press seam allowances upwards.
4. Serge along center back seam edges before sewing the two sections together. Then sew them together from notch (bottom of zipper) to hem. Press open the seam, pressing opening for zipper. Sew in zipper according to zipper instructions.
5. For bust ease: sew a gathering stitch on front bodice between notches and then adjust gather. Sew front waistband to bodice front. Finish and press seam toward waistband. Make and baste counter pleats on skirt front according to marks. Stitch skirt front to waistband, Finish and press seam allowances upwards.
6. Sew side and shoulder seams, finish seams and press toward back.
7. Sew shoulder seams of the facings. Press open the seam. Serge outer edge of the facing. Sew facing to dress neckline right sides together, trim and clip curves. Press seam toward facing. Understitch facing to seam allowance. Turn the facing to inside of dress. Slip-stitch back edges of facing to inside of zipper tape. Topstitch neckline edge.
8. Sew a horizontal pleat on sleeve according to marks, press the depth upwards. Sew a gathering stitch along sleeve cap to help with ease. Sew sleeve seam, finish and press seam allowances. Sew sleeve into armhole, matching notches and easing in cap of sleeve by adjusting gathering stitch. Finish and press seam.
9. Serge seam allowance of dress bottom edge and sleeve edges, press onto wrong side and topstitch or hem as desired.

TECHNICAL DRAWING:

