

## Sewing Pattern — Dress 4315

Recommendations on fabric: natural or mixed, medium stretch-knit fabric

\*Note: there is no zipper, so make sure fabric is stretchy enough for garment to fit over head and shoulders.

If the pattern has a double line around it, the seam allowances are included.

**Note:** By default, seam allowances are NOT included (single line) and will need to be added when laying out and cutting details.

Seam allowance: on hem and hem of sleeve - 2 cm, all other seams - 0.8 cm

Attention! First of all, please print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm) to see how much fabric you will need. Don't forget to take into account pieces to be duplicated or cut on a fold.

When sewing the garment, pay attention to notches. They must match up with corresponding pieces.

### **CUTTING:**

The word, “beam” used on some patterns means “straight of grain”. Some pieces will be cut on the fold, this is noted on the pattern piece. Mark all notches and other design features such as darts, pleats etc. from the pattern onto your fabric.

Darts: The fold of the dart is always pressed toward the center of your garment, or down toward the hem.

### **Advice:**

Knit fabric pieces are sewn together with special stretch-stitch or narrow zig-zag stitch. Seam allowance on hem is stitched with twin needles to save stretchiness. Pieces can also be sewn together with 3 or 4 – thread serger. When serging, cut seam allowances to 0.6 – 0.8 cm.

### **Main fabric:**

1. Upper back – cut 2
2. Upper front – cut 1
3. Lower back – cut 2
4. Lower front —cut 1
5. Back inset — cut 1



6. Front inset – cut 1
7. Sleeve — cut 2
8. Collar — cut 2

### **INSTRUCTIONS:**

1. Sew darts on front (trim bulk of darts if desired). Sew inset to upper and lower front. Serge and press seam toward inset.
2. Sew center back seam of upper and lower back. Serge and press seam toward left. Sew back inset to upper and lower back. Serge and press seam toward inset.
3. Sew shoulder seams. Serge and press seam toward back. Sew sleeve into open armhole.
4. Sew side seam, stitching sleeve seam at the same time. Serge and press seam toward back.
5. Clip seam allowances on front neckline. Serge section between marks, turn under and topstitch.
6. Clip seam allowances on collar along big marks. Fold collar in half lengthwise and sew corners and straight sections up to big marks. Turn collar right side out and press. Sew collar into the neckline.
7. Serge lower edge of garment and lower edge of sleeve. Fold onto wrong side, press, and topstitch.

### **TECHNICAL DRAWING:**

