

## Sewing Pattern — Dress 4216

Recommendations on fabric: knit fabric of low or medium stretchiness.

You will also need: fusing.

If the pattern has double contour the seam allowances are included.

Seam allowances are NOT included by default and need to be added when laying out and cutting details if your pattern has single contour.

Seam allowance: on hem and lower edge of sleeve – 2 cm, all other seams - 1 cm.

Attention! First of all please print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm) to see how much fabric you will need. Don't forget to count pair parts and symmetrical parts.

When sewing the garment, pay attention to notches, they must coincide.



### **CUTTING:**

#### Main fabric:

1. Upper back part – 2 details
2. Lower back part – 2 details
3. Upper front part – 2 details
4. Lower front part – 1 folded detail
5. Inset of front part — 1 detail
6. Inset of back part — 1 detail
7. Collar – 2 details
8. Buttonstand – 2 details
9. Back neckline facing — 2 details
10. Side-body – 2 details
11. Pocket bag – 2 details

#### Fusing:

1. Lower collar – 1 detail

#### Advice:

Knitted fabric details are sewn together with special elastic or narrow zig-zag stitch. When serging cut seam allowances to 0.6 – 0.8 cm. Seam allowance on turnup is stitched with twin needles to save stretchiness.

## **INSTRUCTIONS:**

1. Apply fusing to collar.
2. Sew center edge of upper and lower back parts. Press the seam onto left side and serge. Stitch inset of back part to upper and lower parts. Press the seam to inset and serge.
3. Make pleats on upper front part according to markers and fix them along the lower edge. Depths of pleats are turned towards side seam.
4. Sew pairwise back part neckline and buttonstands' facings. Press apart the seams. Sew collars into the neckline. Slash seams and press them apart.
5. Sew together center seam on buttonstands from the notch up to hem. Slash seams near the notch and press apart. Fold details of buttonstands right sides together and overstitch the edge of buttonstand and collar, starting from the notch. Turn details out and press. Fix together seam allowances of top and lower collar, close to the stitch. Fix together outer edge of buttonstands and back part neckline facings and then work as one detail.
6. Sew shoulder seams of upper back and front parts. Press seams to back part and serge.
7. Stitch buttonstands with facing to back part and to front part. Press seams towards back part and front part. Stitch inset of front part to upper part. Press the seam to the inset and serge.
8. Fold pocket bag with lower front part right sides together and overstitch pocket opening. Slash seams, straighten and press details. Fold lower front part with side-body according to markers and level edges. Sew and serge edges of pocket bags.
9. Make soft pleats on lower front part: depths of pleats are turned towards side seam. It is recommended to make pleats from side seam to the center. Stitch inset of front part to lower part. Press seam to the inset and serge.
10. Sew side seams. Press seam allowances towards back part and serge.
11. Serge lower edge of the dress and lower edge of sleeve, turn inside and topstitch.

*Wear the tunic with wide belt.*

## **TECHNICAL DRAWING:**

