

Sewing Pattern — Dress 4136

Recommendations on fabric: natural or mixed, well-draping, medium stretch-knit fabric

You will also need: twilled tape of 3 cm width (length is mentioned on front pattern); 4 buttons; elastic

If the pattern has a double line around it, the seam allowances are included.

Note: By default, seam allowances are NOT included (single line) and will need to be added when laying out and cutting details.

Seam allowance: on hem and on back and front neckline edges – 1.5 cm, on self-belt contour – 0 cm, on top edge of pocket – 2 cm, on other edges of pocket and flap – 1 cm, all other seams - 0.8 cm

Attention! First of all, please print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm) to see how much fabric you will need. Don't forget to take into account pieces to be duplicated or cut on a fold.

When sewing the garment, pay attention to notches, they must match up with corresponding pieces.

CUTTING:

The word, “beam” used on some patterns means “straight of grain”. Some pieces will be cut on the fold, this is noted on the pattern piece. Mark all notches and other design features such as darts, pleats etc. from the pattern onto your fabric.

Darts: The fold of the dart is always pressed toward the center of your garment, or down toward the hem.

Advice:

Knit fabric pieces are sewn together with special stretch-stitch or narrow zig-zag stitch. Seam allowance on hem is stitched with twin needles to save stretchiness. Pieces can also be sewn together with 3 or 4 – thread serger. When serging, cut seam allowances to 0.6 – 0.8 cm.



Fabric:

1. Back – cut 2
2. Front – cut 1 on fold
3. Cuff – cut 2
4. Shoulder strap – cut 4
5. Flap – cut 4
6. Pocket – cut 2
7. Self-belt casing – cut 2

INSTRUCTIONS:

1. Sew center back seam. Serge and press seam allowances toward left.
2. Make a pleat on pockets and sew together according to markings. Press pockets upper seam allowance onto wrong side, turn inside and topstitch. Press side and lower seam allowances of pockets onto wrong side. Pin pockets on front according to marking and topstitch.
3. Apply fusible interfacing to buttonhole section on outer flaps. Fold flaps right sides together and sew. Trim seam allowances in corners and turn right side out. Straighten seams and press, Topstitch at 0.7 cm from the edge. Serge raw flap edge, make buttonholes. Sew flaps to front, turn downwards and topstitch. Sew buttons on pockets according to buttonhole placement.
4. Sew shoulder and side seams, serge and press seam toward back.
5. Press short edges of self-belt casing under 3 cm, long edges of self-belt casing at 1 cm onto wrong side, pin self-belt casing onto garment according to markings, and topstitch, slightly stretching lower side of self-belt casing.
6. Fold shoulder straps right sides together and sew, leaving short edge open. Trim seam allowances in corners and turn right side out. Straighten seams and press, topstitch at 0.1 cm from the edge.
7. Sew narrow elastic along marker on shoulder seam down to sleeve hem, stretching as you sew. (Refer to diagram)
8. Sew cuffs into ring. Turn right side out, fold in half lengthwise, wrong sides together and press. Sew cuff to sleeve, attaching shoulder straps to underside. Serge and press seam. Turn shoulder strap onto right side and sew the button.
9. Serge bottom edge of garment and neckline edges. Press onto wrong side and topstitch.
10. Turn ends of twilled tape twice inside at 0.5 cm and topstitch. Run tape into self-belt casing.

TECHNICAL DRAWING:

