

Sewing Pattern — Dress 4145

Recommended fabric: silk fabric suitable for dress.

You will also need: lining, fabric of contrast color for decoration, invisible zipper, elastic thread.

If the pattern has a double line around it, the seam allowances are included.

Seam allowance: 1 cm on all edges.

Note: By default, seam allowances are NOT included (single line) and will need to be added when laying out and cutting details.

Attention! First of all please print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm) to see how much fabric you will need. Don't forget to take into account pieces to be duplicated or cut on a fold.

When sewing the garment, pay attention to notches, they must match up with corresponding pieces.

CUTTING:

(The word, “beam” used on some patterns means “straight of grain”. Some pieces will be cut on the fold, this is noted on the pattern piece. Mark all notches and other design features such as darts, pleats etc. from the pattern onto your fabric.)

Main fabric:

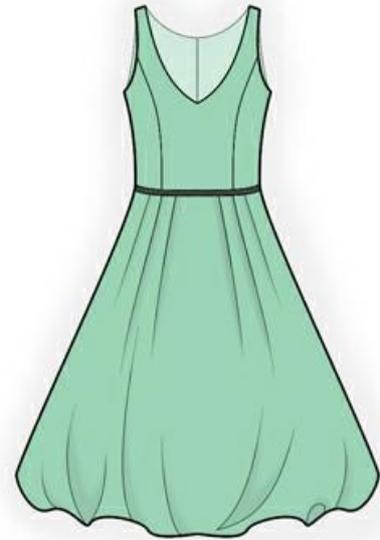
1. Center front bodice — cut 1
2. Side front bodice — cut 2
3. Center back bodice — cut 2
4. Side back bodice — cut 2
5. Lower front skirt— cut 1 on fold
6. Lower back skirt— cut 2

Lining:

1. Center front bodice — cut 1
2. Side front bodice — cut 2
3. Center back bodice — cut 2
4. Side back bodice — cut 2
5. Lower front skirt— cut 1 on fold
6. Lower back skirt— cut 2

Fabric of contrast color:

1. Belt — cut 1



INSTRUCTIONS:

1. Sew side back bodice to center back bodice. Serge and press seam toward center. Sew front side to center front bodice. Serge and press seam toward center. Sew side seams of bodice. Serge and press seam toward back.
2. On lower back and front skirt, make pleats and baste (depths are turned to side seam). Sew side seams of skirt. Serge seams and press toward back.
3. Fold belt in half lengthwise, wrong sides together, and press.
4. Sew bodice to skirt, placing belt into seam. Press seam downward. Topstitch belt on right side of fabric.
5. Sew center back seam from marker to hem. Press seam apart, including opening for zipper. Sew in zipper.
6. Sew side back bodice lining to center back bodice lining, serge and press seams. Sew side front bodice lining to center front bodice lining, serge and press seams. Sew side seams of lower skirt lining, leaving a slit for turning out 15-20 cm in left side seam. Press seams toward back. Sew together bodice lining and skirt lining. Press seam downwards.
7. Pin lining together with the dress, right sides together, matching armholes and neckline. At 5 mm distance from the invisible zipper, fold away lining and pin it to the neckline. Fold seam allowances along zipper onto the right side and pin to neckline on top of lining. Sew along neckline. Turn seam allowances along zipper to wrong side and slipstitch to zipper tape. Sew armholes and front neckline. Clip into curves, turn right side out, and press.
8. Put shoulder edges of front piece between shoulder edges of back piece and lining. Sew shoulder seams. Turn right side out and press.
*Here is a video tutorial that illustrates this process: Lining for sleeveless, neck/armhole shoulder opening method:
“Place the lining, right sides together, to garment. Sew armhole edges and neck edges. The shoulders are left open. Clip into curves, turn and press. Turn the edges of back shoulder opening to the inside of the opening. Funnel the front shoulder edges inside the back shoulder opening. Put your hand between the facing and the garment and grab the shoulder edges and pull them through. Line up seams, pin and sew. <https://www.youtube.com/watch?v=jdiN4Y1bACw>”
9. Make a gathering stitch along lower edge of skirt and gather fullness. Gather the seam to the length of the lining hem. Turn the skirt the wrong side out through the slit in left side seam and sew hems of lining and skirt together. Press seam. Sew along the hem with elastic thread. Turn the skirt right side out.
10. Sew along the seam connecting bodice and skirt, sewing together lining and main fabric.
11. Handstitch the slit in left side seam.

TECHNICAL DRAWING:

