

Sewing Pattern — Tunic 4151

Recommendations on fabric: medium to high stretch-knit fabric, two-way stretch, lycra

You will also need: zipper

If the pattern has a double line around it, the seam allowances are included.

Note: By default, seam allowances are NOT included (single line) and will need to be added when laying out and cutting details.

Seam allowance: on hood – 2 cm, all other seam allowances - 0.7 cm

Attention! First of all, please print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm) to see how much fabric you will need. Don't forget to take into account pieces to be duplicated or cut on a fold.

When sewing the garment, pay attention to notches, they must match up with corresponding pieces.



CUTTING:

The word, “beam” used on some patterns means “straight of grain”. Some pieces will be cut on the fold, this is noted on the pattern piece. Mark all notches and other design features such as darts, pleats etc. from the pattern onto your fabric.

Darts: The fold of the dart is always pressed toward the center of your garment, or down toward the hem.

Advice:

Knit fabric pieces are sewn together with special stretch-stitch or narrow zig-zag stitch. Seam allowance on hem is stitched with twin needles to save stretchiness. Pieces can also be sewn together with 3 or 4 – thread serger. When serging, cut seam allowances to 0.6 – 0.8 cm.

Fabric:

1. Upper front bodice- cut 2
2. Lower front skirt– cut 1 on fold
3. Zipper placket – cut 4
4. Side body/pocket - cut 2
5. Pocket bag- cut 2
6. Upper back bodice - cut 2
7. Lower back skirt - cut 2
8. Lower band - cut 1
9. Cuff - cut 2
10. Hood - cut 2

INSTRUCTIONS:

1. Sew pocket bag to lower front skirt. Turn onto wrong side, press and topstitch. Sew side body of pocket to pocket bag. Serge edges, baste to top and side.
2. Make a gathering stitch along top edge of lower front skirt from marker towards center and gather fullness.
3. Pin zipper packets right sides together and insert zipper in between. Sew upper edge, stitching upper edge of zipper, and longer edge, sewing in zipper. Turn right side out and press. Sew placket to center front, serge edges.
4. Sew upper front bodice to lower front skirt, serge and press seam toward bodice. Use stretch-stitch.
5. Sew center seam of upper back bodice and center seam of lower back skirt. Serge and press seam toward left. Sew upper back bodice to lower back skirt. Serge and press seam toward bodice. Use stretch-stitch.
6. Sew shoulder and side seams. Serge and press seam toward back.
7. Sew cuff into a ring, right sides together. Fold in half lengthwise and sew to sleeve. Serge and press seam toward garment.
8. Make inverted pleat on lower front skirt along hem and baste it. Sew lower band into ring, right sides together. Fold in half lengthwise and sew to garment. Serge and press seam toward skirt.
9. Sew center seam of hood. Serge and press. Serge outer edge of hood, turn under and topstitch. Sew hood to neckline. Serge, and press seam toward neckline. Tack seam to seam allowance of neckline near zipper placket.

Note: Bodice is form fitting. Make sure your fabric has enough stretch, and that you are able to fit chest and shoulders through waist seam.

TECHNICAL DRAWING:

