

Sewing Pattern — Blouse 4153

Recommended fabric: well-draping, medium stretch- knit fabric of natural or mixed fibers

You will also need: elastic thread.

If the pattern has a double line around it, the seam allowances are included.

Seam allowance: all seams – 0.7 cm.

Note: By default, seam allowances are NOT included (single line) and will need to be added when laying out and cutting details.

Attention! First of all please print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm) to see how much fabric you will need. Don't forget to take into account pieces to be duplicated or cut on a fold.

When sewing the garment, pay attention to notches, they must coincide.



CUTTING:

(The word, “beam” used on some patterns means “straight of grain”. Some pieces will be cut on the fold, this is noted on the pattern piece. Mark all notches and other design features such as darts, pleats etc. from the pattern onto your fabric.)

Darts: The fold of the dart is always pressed toward the center of your garment, or down toward the hem.

Advice:

Knit fabric pieces are sewn together with special stretch-stitch or narrow zig-zag stitch. Seam allowance on hem is stitched with twin needles to save stretchiness. Pieces can also be sewn together with 3 or 4 – thread serger. When serging, cut seam allowances to 0.6 – 0.8 cm.

Main fabric:

1. Front - cut 1
2. Back – cut 1
3. Front lining – cut 1 on fold
4. Back lining– cut 1 on fold
5. Bow tail – cut 1

INSTRUCTIONS:

1. Mark and sew darts on front and front lining details.
2. Fold shoulder decoration in half lengthwise and sew one long and one short side. Turn right side out.
3. Sew right shoulder and side seams. Press seam allowances toward back.
4. Sew right shoulder seam and side seam of lining, leaving a slit in left side seam.
5. Make a gathering stitch on front hem and gather fullness.
6. Pin the blouse to lining, right sides together, and sew the neckline, starting and finishing the stitch near left shoulder seam (leave left shoulder seam of unsewn).
Sew right armhole in two steps: first front armhole, then back armhole. Sew left armhole. Turn right side out and press. Here is a video tutorial on the [Two-Step Method](#).
7. Turn one-piece bow on top back onto right side, and sew short sides, starting exactly near shoulder seam line. Turn the bow right side out.
8. Make and fasten free-hand pleats on left shoulder edge of front part, matching them with lining edge. Pin the tail to front, aligning open tail edge with shoulder edge. Make free-hand pleats along inner edge of the bow, matching them with lining shoulder edge. Insert front shoulder edge between inner part of the bow and lining of back and sew left shoulder edge. Turn onto right side. Make free-hand pleats on top of the bow, stitching into shoulder edge connection seam.
9. Turn the blouse onto wrong side and sew lower edges with elastic thread in the bobbin. Turn the blouse out through the slit. Sew slit.

TECHNICAL DRAWING:

