

Sewing Pattern — Trousers 7157

Recommendations on fabric: nap knit (fleece, polartec, jersey)

You will also need: fusible interfacing; elastic tape of 4.5 cm wide for waistband; cord; Velcro tape.

Note: By default, seam allowances are NOT included (single line) and will need to be added when laying out and cutting details.

Seam Allowance: hem of trousers, upper edge of pockets – 3 cm; 1 cm on all other seams

Attention! First of all, please print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm) to see how much fabric you will need. Don't forget to take into account pieces to be duplicated or cut on a fold.

When sewing the garment, pay attention to notches, they must match up with corresponding pieces.



CUTTING:

The word, “beam” used on some patterns means “straight of grain”. Some pieces will be cut on the fold, this is noted on the pattern piece. Mark all notches and other design features such as darts, pleats etc. from the pattern onto your fabric.

Main fabric:

1. Front part – cut 2
2. Side part – cut 2
3. Back half – cut 2
4. Waistband – cut 1
5. Front pocket – cut 2
6. Back pocket – cut 1

Advice:

Knit fabric pieces are sewn together with special stretch-stitch or narrow zig-zag stitch. Seam allowance on hem is stitched with twin needles to save stretchiness. Pieces can also be sewn together with 3 or 4 – thread serger. When serging, cut seam allowances to 0.6 – 0.8 cm.

INSTRUCTIONS:

1. Front patch pocket. Press and topstitch allowance on upper edge of pocket. Put pocket onto side part according to marking, right sides together. Upper edge of pocket is directed to hem of trousers. Topstitch pocket along lower edge. Turn pocket upwards and press.
2. Back pocket. Press and topstitch allowance on upper edge of pocket. Press seam allowances of back pocket. Topstitch Velcro tape. Put pocket onto right back half according to marking, and topstitch.

3. Trousers. Sew front seams catching pocket edges. Make decorative stitch on front seams. Sew side seams. Make decorative stitch. Sew middle seams. Make decorative stitch on left half.
4. Waistband. Mark elastic stitch lines on waistband. Serge two holes for cord between lines on sides of front half middle seam. Distance between holes is 8 cm. Sew into ring the waistband and separately – elastic. Insert elastic into waistband, stretch to waistband length and make two decorative stitches. Sew waistband to trousers, catching elastic into seam.
5. Press hem turnout.
6. Sew inside leg edges.
7. Topstitch hem turnout.
8. Press ready trousers.
9. Set cord into waistband.

TECHNICAL DRAWING:

