

## Sewing Pattern — Polo shirt 6120

Recommendations on fabric: stretch-knit

You will also need: 3 buttons, fusible interfacing; for collar and cuffs you can use fabricated parts from stretch-knit fabric

If the pattern has a double line around it, the seam allowances are included.

Note: By default, seam allowances are NOT included (single line) and will need to be added when laying out and cutting details.

Seam allowance: on hem of the garment – 2 cm, on contour of placket and sub-placket – 0 cm, all other seams - 0.8cm

Attention! First of all, please print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm) to see how much fabric you will need. Don't forget to take into account pieces to be duplicated or cut on a fold.

When sewing the garment, pay attention to notches, they must match up with corresponding pieces.



### **CUTTING:**

The word, “beam” used on some patterns means “straight of grain”. Some pieces will be cut on the fold, this is noted on the pattern piece. Mark all notches and other design features such as darts, pleats etc. from the pattern onto your fabric.

Advice:

Knit fabric pieces are sewn together with special stretch-stitch or narrow zig-zag stitch. Seam allowance on hem is stitched with twin needles to save stretchiness. Pieces can also be sewn together with 3 or 4 – thread serger. When serging, cut seam allowances to 0.6 – 0.8 cm.

### **Fabric:**

1. Front - cut 1
2. Back - cut 1
3. Sleeve - cut 2
4. Cuff - cut 2
5. Off-set welt - cut 1
6. Collar - cut 1
7. Large pocket sacking - cut 1
8. Small pocket sacking - cut 1
9. Placket - cut 1
10. Subplacket - cut

## **INSTRUCTIONS:**

1. **SINGLE WELT POCKET.** Apply fusible interfacing to off-set welt, fold in half lengthwise, press. Apply fusible interfacing to pocket location. On off-set welt mark a line, that determines the width of ready off-set welt. Topstitch small pocket sacking onto inner side of off-set welt. Lay off-set welt with pocket sacking on right side of front, pocket matching marking line and line on off-set welt. Outer side of off-set welt must match the right side of front. Stitch off-set welt. Stitch large pocket sacking to top line of pocket marking. Cut pocket entrance through in the center, between marking lines, making slanting cuts to the corners of marking. Turn details of pocket onto wrong side. Straighten and press. Sew edges of pocket sackings, fastening corners of pocket. Here is a great video tutorial for the [single welt pocket](#).
2. **GARMENT ASSEMBLY.** Sew shoulder seams. Sew sleeve into open armhole. Topstitch on armhole. Fold cuffs in half lengthwise and stitch to sleeves, stretching edge of cuff to needed length. Fold collar in half and topstitch on outer edge.
3. **CLOSURE.** The width of ready placket is 3 cm. Apply fusible interfacing to placket and subplacket. Cut front according to closure marks. Sew left edge of front with facing, placing details right side together (seam is 3 mm). Straighten and press seam. Stitch outer side of right placket to right edge of slit with 3 mm seam. Sew collar into the neckline. Turn inside inner edge of placket. Sew placket corners. Topstitch right placket into placket connecting seam. Lay left placket on right one, matching front center lines, level closure edges, and fasten lower edges of all closure details with machine stitch.
4. Sew side seams and seams of sleeves with one stitch. Topstitch cuff connection seam onto cuff.
5. Stretch -stitch on collar connecting seam.
6. Serge lower edge of garment, turn hem allowance onto wrong side and topstitch with twin needles or use coverstitch.
7. Make buttonholes on left placket, sew buttons on right placket.

## **TECHNICAL DRAWING:**

