

## Sewing Pattern — Blouse 4178

Recommendations on fabric: medium stretch-knit fabrics of natural or mixed fibers

If the pattern has a double line around it, the seam allowances are included.

**Note:** By default, seam allowances are NOT included (single line) and will need to be added when laying out and cutting details.

Seam allowance: on blouse and sleeve hem– 2 cm, on back front neckline edge – 1.5 cm, on outer edge of sleeve – 2 cm, all other seams 0.7 cm

Attention! First of all, please print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm) to see how much fabric you will need. Don't forget to take into account pieces to be duplicated or cut on a fold.

When sewing the garment, pay attention to notches. They must match up with corresponding pieces.

### **CUTTING:**

The word “beam” used on some patterns means “straight of grain”. Some pieces will be cut on the fold, this is noted on the pattern piece. Mark all notches and other design features such as darts, pleats etc. from the pattern onto your fabric.

Darts: The fold of the dart is always pressed toward the center of your garment, or down toward the hem.

### **Advice:**

Knit fabric pieces are sewn together with special stretch-stitch or narrow zig-zag stitch. Seam allowance on hem is stitched with twin needles to save stretchiness. Pieces can also be sewn together with 3 or 4 – thread serger. When serging, cut seam allowances to 0.6 – 0.8 cm.

### **Fabric:**

1. Right front - cut 1
2. Left front – cut 1
3. Back - cut 2
4. Front of sleeve – cut 2
5. Back of sleeve –cut 2

\*Note: Legend on patterns is made on right side, cut pieces accordingly.



## **INSTRUCTIONS:**

1. Mark and sew a dart on left front.
2. Sew center back seam. Serge and press toward left.
3. Sew shoulder seams. Serge and press seams toward back.
4. Serge neck edge, turn onto wrong side, and topstitch.
5. Sew sleeve from marker down to hem. Turn seam allowance twice inside at 1 cm and topstitch along slit and seam. Sew sleeves to armholes of front and of back. Serge and press.
6. Make a gathering stitch on side edge of right front and gather fullness. Pin right front on left one, right sides upwards, and baste on side edges. Pin front and back, right sides together, and sew side seam and sleeve seam with one stitch.
7. Serge lower edge of garment and sleeve, turn hem allowance onto wrong side, and topstitch.

## **TECHNICAL DRAWING:**

