

Sewing Pattern — Dress 5053

Recommended fabric: jersey, light to medium stretch knit fabric.

You will also need: invisible zipper (length depends on person's size).

If the pattern has a double line around it, the seam allowances are included.

Seam allowance: 3 cm on hem; 1 cm on all other seams.

Note: By default, seam allowances are NOT included (single line) and will need to be added when laying out and cutting details.

Attention! First of all please print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm) to see how much fabric you will need. Don't forget to take into account pieces to be duplicated or cut on a fold.

When sewing the garment, pay attention to notches, they must coincide.



CUTTING:

The word, “beam” used on some patterns means “straight of grain”. Some pieces will be cut on the fold, this is noted on the pattern piece. Mark all notches and other design features such as darts, pleats etc. from the pattern onto your fabric.

Darts: The fold of the dart is always pressed toward the center of your garment, or down toward the hem.

Advice:

Knit fabric pieces are sewn together with special stretch-stitch or narrow zig-zag stitch. Seam allowance on hem is stitched with twin needles to save stretchiness. Pieces can also be sewn together with 3 or 4 – thread serger. When serging, cut seam allowances to 0.6 – 0.8 cm.

Main fabric:

1. Center front – cut 1
2. Side front – cut 2
3. Center back –cut 2
4. Side back - cut 2
5. Sleeve – cut 2
6. Back neck facing – cut 2
7. Front neck facing – cut 1

Fusing:

1. Back neck facing – cut 2
2. Front neck facing – cut 1

INSTRUCTIONS:

1. Sew side fronts to center front and side backs to center backs. Serge and press seams toward center. Sew center back seam from zipper mark to hem. Press seam open. Sew in zipper. Sew side seams and shoulder seams. Serge and press seams toward back.
2. Sew shoulder seams of facings, press seams open. Serge outer edge of facing. Pin facing to neckline and sew. Clip into curves and understitch. Turn facing right side out and press.
3. Sew sleeve seam, serge and press. Serge lower edge of sleeve, turn onto wrong side and topstitch. Sew sleeve to armhole, right sides together, matching notches. Serge seam.
4. Serge lower edge of garment. Turn onto wrong side and topstitch.