

Sewing Pattern — Dress 4189

Recommendations on fabric: thick fabric suitable for dresses

You will also need: lining; blind zipper

If the pattern has double contour the seam allowances are included.

If the pattern has single contour, the seam allowances are NOT included and need to be added when laying out and cutting details.

Seam allowance: on hem - 3 cm, other seams - 1 cm.

Attention! First of all please print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm) to see how much fabric you will need. Don't forget to count pair parts and symmetrical parts.

When sewing the garment, pay attention to notches, they must coincide.



CUTTING:

Fabric:

1. Upper back part - 2 details
2. Central lower back part - 2 details
3. Side lower back part - 2 details
4. Upper front part – 2 details
5. Front part inset - 1 detail
6. Central lower front part - 1 detail
7. Side lower front part - 2 details
8. Basque – 4 details
9. Back neckline facing - 2 details
10. Front neckline facing - 1 detail

Lining:

1. Upper back part - 2 details
2. Front part – 1 detail

INSTRUCTIONS:

1. Sew waist darts on top details of back part and front part, press depths towards center. Sew top darts on 2 cm off top edge. Press depths towards center.
2. Stitch inset to front part, press seam allowances. Press front part along marked lines, fix along top and lower edges.

3. Sew side and shoulder edges of top parts of the garment. Press seam allowances towards back part.
4. Fold basque details right sides together and overstretch front and lower edges. Slash seam allowances on rounded parts, slash away in corners. Turn details onto right side, press. Turn front angle apart and fix on top edge.
5. Sew relief edges of lower front part, press seam allowances towards center and serge. Sew side seams of lower parts of the garment, press seam onto back part and serge. Sew relief edges of lower parts of back part, putting basque between details press seam allowances towards center and serge.
6. Fix upper edge of basque to upper edge of lower part. Sew top part of the garment with lower part, press seam allowances upwards and serge.
7. Serge middle edge of back part. Sew middle edge from zipper mark downwards, press seam allowances apart, pressing slit for zipper. Sew in zipper.
8. Overstretch darts on lining details the same way as top details. Sew shoulder and side edges, press seam onto back part. Serge lower and middle edges. Fold lining and neckline right sides together. Turn lining leaving 5 mm to blind zipper edges and pin to top edge of the dress. Turn seam allowances onto right side of the dress along zipper and pin to neckline edge on top of lining. Overstretch edge neckline, slash seam allowances on rounded parts. Turn detail right side out and press. Overstretch armholes with lining twice over: first left, then right. Slash seam allowances in corners and on rounded parts, press. Turn middle edge of lining and tack to blind zipper lace. Fix lining to garment on waist edge.
9. Serge seam allowance on hem of the dress, press onto wrong side and undersew with blind stitches.

TECHNICAL DRAWING:

